MEETING AND EVENT PLANNING GUIDE Hosting Sustainable Events: Our **Oltimate Guide** The Rise of Vegan and The Wow Factor:

Hot Venues with Cool History PAGE 12

Plant-Based Dining

Mission Escape Rooms

is fun, interactive entertainment.

A real-life escape experience designed for small groups of 1-10 people. Your mission is simple: work together as a team, testing your wits and skills, to escape from a locked room in 50 minutes or less. While the goal is simple, the game is challenging. Getting through the locked door will require finding clues, solving puzzles, and working together.





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- Improve Company Morale
- Discover Potential Leadership Qualities
- · Identify Strengths & Weaknesses

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The latest venues to highlight Baltimore's industrial roots.

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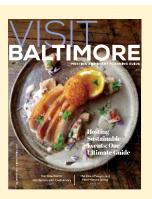
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The Last Word

How to add some Baltimore flavor to your event.

MAPS

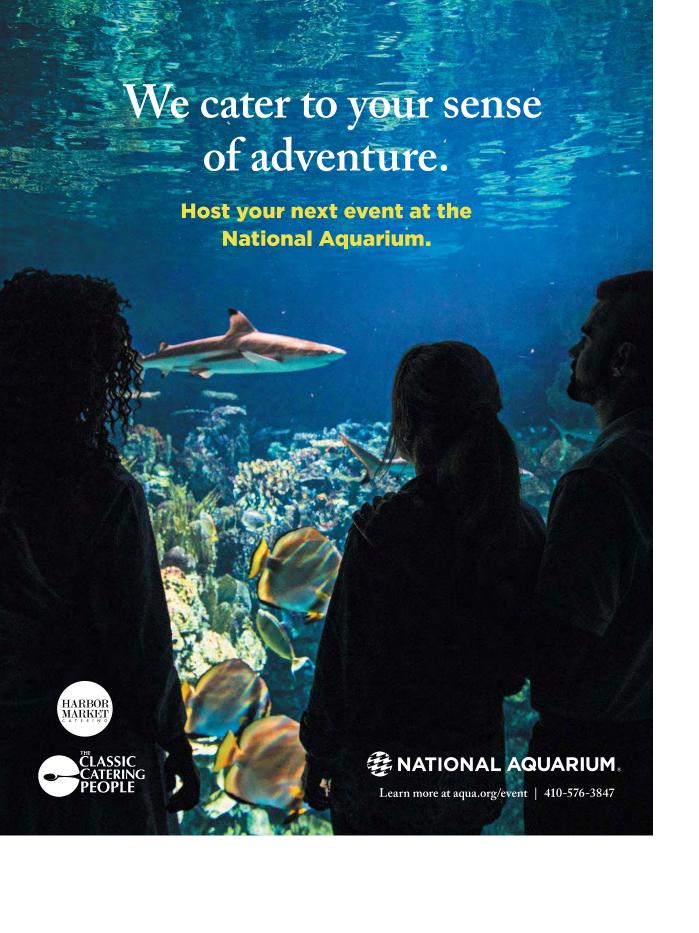
- 8 Neighborhoods Map
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ON THE COVER

Foraged is a hyper-seasonal eatery in Hampden, started by chef Chris Amendola as a culmination of his two passions: cooking and the woods. This dish is chicken carbonara with jewelry box egg and a parmesan cream sauce.

Photo by Chris Amendola.





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ASON VARNEY

N THE MEETINGS AND CONVENTIONS SPACE, MANAGING ENVIRONMENTAL IMPACT AND REDUCING WASTE IS A PART OF DOING BUSINESS IN 2020. According to environmental consultancy MeetGreen, a three-day, 1,000-person event can produce 12,500 pounds of waste, more than 40 percent of which heads for a landfill. As the planners and decision-makers for these events, we have the power to shape our meeting's impact on the Earth. Even small swaps can make a big difference. And the time to change is now.

That's why we've dedicated this issue to highlighting sustainable venues, vendors and planning solutions. We're proud that Baltimore is on the forefront of sustainability efforts in so many categories. In this issue, explore the city's robust vegan community, and read about why one local distillery decided to go green by installing a unique geothermal cooling system in its new plant. Hear all about how the businesses, nonprofits and attractions around the Inner Harbor are helping to protect and steward Baltimore's waterways. Explore the interesting adaptive reuse projects underway in the city, which work to preserve historic architecture while making way for fresh new concepts. And get inspired with actionable ideas for making your own Baltimore event a little greener. Please get in touch and let's start a conversation soon.

We'd love to meet you!

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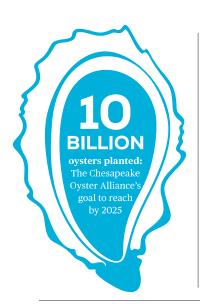
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BY THE NUMBERS

Sustaining

OUR FUTURE

Baltimoreans are working hard to maintain our natural resources and reduce our carbon footprint so that future generations can thrive.





and more than 100 community and school gardens in the city



by the National Aquarium in 2018



676,016 **PLASTIC BAGS**

collected from the Inner Harbor by Mr. Trash Wheel, one of Baltimore's three (soon to be four) beloved, googly-eyed trash interceptors

9,516,582

pounds of upcycled materials diverted from landfills into a retail warehouse by local nonprofit Second Chance



6,000+ PLANTED

> in Baltimore by the Tree Trust

1,200

of parkland in Gwynns Falls Leakin Park, the third-largest urban wilderness park in the U.S.



megawatt hours of solar power per year supplied to Johns Hopkins University through a new partnership between the university and energy company Constellation